

A Message from CenterPoint's Medical Director, Dr. Chad Stephens:

Sometimes, making decisions about your treatment can be confusing. Knowing more about your disease will help you and your family to make decisions about treatment. [The National Patient Safety Foundation](#) suggests that you ask your provider three (3) questions:

- 1) What is my main problem?**
- 2) What do I need to do?**
- 3) Why is it important for me to do this?**

By answering these questions, your provider will be sharing information that the two of you can use to better manage your symptoms.

What are Clinical Guidelines?

Clinical Guidelines help guide providers identify physical and mental diseases and treatments that work best for most people who have the same illness.

Does this mean that only these treatments can be used?

Other treatments might be needed if you and your provider have good reasons to do something different. Because they have worked well with other people, Clinical Guidelines are usually a good place to start. If something isn't working as it should, you can always review the guideline recommendations and then discuss the possibility of a different approach.

How can I find reliable information?

There are many websites providing mental health information. Here are three web sites you may find helpful:

MAYO CLINIC www.mayoclinic.org

From the website's Home Page, click on "Diseases and Conditions." Find your disease by clicking on its first letter; then its name.

WedMD www.webmd.com

This website links you to information about diseases, their symptoms, medications and other treatments.

Substance Abuse Mental Health Services Administration (SAMHSA) www.samhsa.gov

This agency's website contains information on recovery and treatment and links you to other helpful sites.

National Patient Safety Foundation www.npsf.org

An informative website containing patient safety information for people receiving health care services and providers.

CenterPoint Adopted Clinical Practice Guidelines
07/01/12

Disorder	Diagnosis	Guideline	Reference or Link
Section A: Adult Guidelines			
Psychiatric Evaluation of Adults	All adults	APA Practice Guideline for the Psychiatric Evaluation of Adults	http://psychiatryonline.org/guidelines.aspx
Acute Stress Disorder and Post Traumatic Stress Disorder	308.3, 309.81	APA Practice Guideline for the Treatment of Patients with Acute Stress Disorder and Posttraumatic Stress Disorder	http://psychiatryonline.org/guidelines.aspx
Alzheimer's Disease and Other Dementias	294.10-294.8	APA Practice Guideline for the Treatment of Patients with Alzheimer's Disease and Other Dementias	http://psychiatryonline.org/guidelines.aspx
Bipolar Disorder in Adults	296.00—296.06; 296.40—296.89 301.13, 296.80	APA Practice Guideline for the Treatment of Patients with Bipolar Disorder	http://psychiatryonline.org/guidelines.aspx
Borderline Personality Disorder	301.83	APA Practice Guideline for the Treatment of Patients with Borderline Personality Disorder	http://psychiatryonline.org/guidelines.aspx
Delirium	292.81, 293.0, 293.1	APA Practice Guideline for the Treatment of Patients with Delirium	http://psychiatryonline.org/guidelines.aspx
Eating Disorders	307.1, 307.51, 307.50	APA Practice Guideline for the Treatment of Patients with Eating Disorders	http://psychiatryonline.org/guidelines.aspx
HIV/AIDS	Psychiatric diagnoses caused by or associated with HIV	APA Practice Guideline for the Treatment of Patients with HIV/AIDS	http://psychiatryonline.org/guidelines.aspx
Major Depressive Disorder	296.2x, 296.3x	APA Practice Guideline for the Treatment of Patients with Major Depressive Disorder	http://psychiatryonline.org/guidelines.aspx
Obsessive Compulsive Disorder	300.3	APA Practice Guideline for the Treatment of Patients with Obsessive-Compulsive Disorder	http://psychiatryonline.org/guidelines.aspx

CenterPoint Adopted Clinical Practice Guidelines
07/01/12

Panic Disorder	300.01, 300.21	APA Practice Guideline for the Treatment of Patients with Panic Disorder	http://psychiatryonline.org/guidelines.aspx
Schizophrenia	295.10, 295.20, 295.30, 295.40, 295.60, 295.70, 295.90, 297.1, 298.8, 297.3, Psychotic Disorder due to a general medical condition, Substance Induced Psychotic Disorder	APA Practice Guideline for the Treatment of Patients with Schizophrenia	http://psychiatryonline.org/guidelines.aspx
Substance Use Disorders	291.0-292.9, 303.00-305.90	APA Practice Guideline for the Treatment of Patients with Substance Use Disorders ASAM Patient Placement Criteria (PPC-2R)	http://psychiatryonline.org/guidelines.aspx ASAM Patient Placement Criteria for the Treatment of Substance-Related Disorders, Second Edition- Revised Editor-in-Chief: David Mee-Lee, MD Deputy Editors: Gerald D. Shulman, MA, FACATA; Marc J. Fishman, MD; David R. Gastfriend, MD, Julia Harris Griffith, MA, CPHQ Publication Date: May 5, 2007
Suicidal Behaviors	Suicidal Behaviors	APA Practice Guideline for the Treatment of Patients with Suicidal Behaviors	http://psychiatryonline.org/guidelines.aspx
Section B: Child and Adolescent Guidelines			
ADHD	314.00-314.9	AACAP Practice Parameter for the Assessment and Treatment of Children and Adolescents With Attention Deficit Disorder	http://www.aacap.org/galleries/PracticeParameters/JAACAP_ADHD_2007.pdf

CenterPoint Adopted Clinical Practice Guidelines

07/01/12

Anxiety Disorders	293.84, 300.00-303.0, 313.23	AACAP Practice Parameter for the Assessment and Treatment of Children and Adolescents With Anxiety Disorders	http://www.aacap.org/galleries/PracticeParameters/JAACAP_Anxiety_2007.pdf
Atypical Antipsychotic Medication	Atypical Antipsychotic use	AACAP Practice Parameter For The Use Of Atypical Antipsychotic Medications in Children and Adolescents	http://www.aacap.org/galleries/PracticeParameters/Atypical_Antipsychotic_Medications_Web.pdf
Autism	299.00-299.80	AACAP Practice Parameters for the Assessment and Treatment of Children, Adolescents, and Adults With Autism and Other Pervasive Developmental Disorders	http://www.aacap.org/galleries/PracticeParameters/JAACAP_Autism_1999.pdf
Bipolar Disorder	296.00—296.06; 296.40—296.89 301.13, 296.80	AACAP Practice Parameter for the Assessment and Treatment of Children and Adolescents With Bipolar Disorder	http://www.aacap.org/galleries/PracticeParameters/JAACAP_Bipolar_2007.pdf
Conduct Disorder	312.81, 312.82, 312.89	AACAP Practice Parameters for the Assessment and Treatment of Children and Adolescents With Conduct Disorder	http://www.aacap.org/galleries/PracticeParameters/JAACAP%20Conduct%20Disorder%201997.pdf
Depressive Disorders	296.2x, 296.3x	AACAP Practice Parameter for the Assessment and Treatment of Children and Adolescents With Depressive Disorders	http://www.aacap.org/galleries/PracticeParameters/Vol%2046%20Nov%202007.pdf
Electroconvulsive Therapy	Treatment with ECT	AACAP Practice Parameter for Use of Electroconvulsive Therapy With Adolescents	http://www.aacap.org/galleries/PracticeParameters/ECT.pdf
Enuresis	307.6	AACAP Practice Parameter for the Assessment and Treatment of Children and Adolescents With Enuresis	http://www.aacap.org/galleries/PracticeParameters/Enuresis.pdf
Language/Learning Disorders	315.00-315.9, 315.31-315.39, 307.0, 307.9	AACAP Practice Parameter for the Assessment and Treatment of Children and Adolescents With Language and Learning Disorders	http://www.aacap.org/galleries/PracticeParameters/JAACAPLanguageLearning1998.pdf

CenterPoint Adopted Clinical Practice Guidelines
07/01/12

Mental Retardation	317, 318.0-318.2, 319	AACAP Practice Parameter for the Assessment and Treatment of Children, Adolescents and Adults With Mental Retardation and Comorbid Mental Disorders	http://www.aacap.org/galleries/PracticeParameters/JAACAP_Mental_Retardation_1999.pdf
Obsessive Compulsive Disorder	300.3	AACAP Practice Parameter for the Assessment and Treatment of Children and Adolescents With Obsessive-Compulsive Disorder	http://www.aacap.org/galleries/PracticeParameters/JAACAP_OCD_Jan_2012.pdf
Oppositional Defiant Disorder	313.81	AACAP Practice Parameter for the Assessment and Treatment of Children and Adolescents With Oppositional Defiant Disorder	http://www.aacap.org/galleries/PracticeParameters/JAACAP_ODD_Jan_2007.pdf
Posttraumatic Stress Disorder	308.3, 309.81	AACAP Practice Parameter for the Assessment and Treatment of Children and Adolescents With Posttraumatic Stress Disorder	http://www.aacap.org/galleries/PracticeParameters/JAACAP_PTSD_2010.pdf
Reactive Attachment Disorder	313.89	AACAP Practice Parameter for the Assessment and Treatment of Children and Adolescents With Reactive Attachment Disorder of Infancy and Early Childhood	http://www.aacap.org/galleries/PracticeParameters/JAACAP%20RAD%202005.pdf
Schizophrenia	295.10, 295.20, 295.30, 295.40, 295.60, 295.70, 295.90, 297.1, 298.8, 297.3, Psychotic Disorder due to a general medical condition, Substance Induced Psychotic Disorder	AACAP Practice Parameter for the Assessment and Treatment of Children and Adolescents With Schizophrenia	http://www.aacap.org/galleries/PracticeParameters/JAACAP%20Schizophrenia%202001.pdf

CenterPoint Adopted Clinical Practice Guidelines
07/01/12

Stimulant Medications	Stimulant Medication	AACAP Practice Parameter for the Use of Stimulant Medications in the Treatment of Children, Adolescents, and Adults	http://www.aacap.org/galleries/PracticeParameters/JAACAP%20Stimulant%20meds%202002.pdf
Substance Abuse Disorders	291.0-292.9, 303.00-305.90	AACAP Practice Parameter for the Assessment and Treatment of Children and Adolescents With Substance Use Disorders	http://www.aacap.org/galleries/PracticeParameters/JAACAP%20Substance%20use%202005.pdf
Suicidal Behavior	Suicidal Behavior	AACAP Practice Parameter for the Assessment and Treatment of Children and Adolescents With Suicidal Behavior	http://www.aacap.org/galleries/PracticeParameters/JAACAP%20Suicide%202001.pdf

Section C: I/DD Guidelines (also see relevant sections in Section B: Child and Adolescent Guidelines)

I/DD	I/DD	PBH Practice Guidelines In Working with Individuals Who Have Developmental Disabilities	Tassé, M.J., Havercamp, S.M., & Thompson, C. (2006). Practice Guidelines in Working with Individuals who have Developmental Disabilities. Concord, NC: PBH.
------	------	---	---