

Provider Introductory comments:

Clinical Practice Guidelines and evidence based practices are becoming more useful and accessible. The CenterPoint Clinical Advisory Committee has approved guidelines from the American Psychiatric Association (APA), the American Academy of Child and Adolescent Psychiatry (AACAP), The American Society of Addiction Medicine (ASAM) and the 2006 PBH Intellectual and Developmental Disability (I/DD) Clinical Guideline to help serve as a foundation for clinical considerations and to support decision making. The guidelines may also be useful for staff and treatment team discussions and increasing the health literacy of clients.

We are encouraging clients to be more involved in their care and to understand the clinical practice guidelines relevant to their care. Health literacy has been shown to be the single most important predictor of outcomes and the effective utilization of health care resources. To improve health literacy, the National Patient Safety Foundation (NPSF) advocates that patients use these 3 questions to focus on the main issues at appointments:

1. **What is my main problem?**
2. **What do I need to do?**
3. **Why is it important for me to do this?**

NPSF suggests that these questions help both client and provider focus on the main issues. NPSF encourages you to educate your clients about using this method to help them understand the context for the diagnosis and treatment recommendations. Guidelines can provide the basis for answering these 3 questions.

CenterPoint's Clinical Advisory Committee recommends that clients explore the following websites for nationally recognized information about diagnosis and treatment:

- Mayo Clinic www.mayoclinic.org
- WebMD www.webmd.org
- Substance Abuse Mental Health Services Administration (SAMHSA) www.samhsa.org
- National Patient Safety Foundation www.npsf.org

These sites may also provide useful patient educational materials. For your clients' convenience, CenterPoint has also posted links to the sites on our website:

http://www.cphs.org/pdf/misc/Clinical_Practice_Guidelines_For_Enrollees.pdf

Guidelines serve as very useful starting points to consider diagnostic criteria and the current evidence based treatments. The interpretation of guidelines has to encompass the entirety of the patient's needs including physical health, risks, cost, acceptability and cultural context. Managing the unique needs of each patient to promote recovery may require careful consideration of newer clinical studies and the thoughtful utilization of strategies that are not in the guidelines when those approaches have failed.

The topics and guidelines will be reviewed annually by the Clinical Advisory Committee, please me send feedback you have.

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CenterPoint Adopted Clinical Practice Guidelines
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Disorder	Diagnosis	Guideline	Reference or Link
Section A: Adult Guidelines			
Psychiatric Evaluation of Adults	All adults	APA Practice Guideline for the Psychiatric Evaluation of Adults	http://psychiatryonline.org/guidelines.aspx
Acute Stress Disorder and Post Traumatic Stress Disorder	308.3, 309.81	APA Practice Guideline for the Treatment of Patients with Acute Stress Disorder and Posttraumatic Stress Disorder	http://psychiatryonline.org/guidelines.aspx
Alzheimer's Disease and Other Dementias	294.10-294.8	APA Practice Guideline for the Treatment of Patients with Alzheimer's Disease and Other Dementias	http://psychiatryonline.org/guidelines.aspx
Bipolar Disorder in Adults	296.00—296.06; 296.40—296.89 301.13, 296.80	APA Practice Guideline for the Treatment of Patients with Bipolar Disorder	http://psychiatryonline.org/guidelines.aspx
Borderline Personality Disorder	301.83	APA Practice Guideline for the Treatment of Patients with Borderline Personality Disorder	http://psychiatryonline.org/guidelines.aspx
Delirium	292.81, 293.0, 293.1	APA Practice Guideline for the Treatment of Patients with Delirium	http://psychiatryonline.org/guidelines.aspx
Eating Disorders	307.1, 307.51, 307.50	APA Practice Guideline for the Treatment of Patients with Eating Disorders	http://psychiatryonline.org/guidelines.aspx
HIV/AIDS	Psychiatric diagnoses caused by or associated with HIV	APA Practice Guideline for the Treatment of Patients with HIV/AIDS	http://psychiatryonline.org/guidelines.aspx
Major Depressive Disorder	296.2x, 296.3x	APA Practice Guideline for the Treatment of Patients with Major Depressive Disorder	http://psychiatryonline.org/guidelines.aspx
Obsessive Compulsive Disorder	300.3	APA Practice Guideline for the Treatment of Patients with Obsessive-Compulsive Disorder	http://psychiatryonline.org/guidelines.aspx

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Panic Disorder	300.01, 300.21	APA Practice Guideline for the Treatment of Patients with Panic Disorder	http://psychiatryonline.org/guidelines.aspx
Schizophrenia	295.10, 295.20, 295.30, 295.40, 295.60, 295.70, 295.90, 297.1, 298.8, 297.3, Psychotic Disorder due to a general medical condition, Substance Induced Psychotic Disorder	APA Practice Guideline for the Treatment of Patients with Schizophrenia	http://psychiatryonline.org/guidelines.aspx
Substance Use Disorders	291.0-292.9, 303.00-305.90	APA Practice Guideline for the Treatment of Patients with Substance Use Disorders ASAM Patient Placement Criteria (PPC-2R)	http://psychiatryonline.org/guidelines.aspx ASAM Patient Placement Criteria for the Treatment of Substance-Related Disorders, Second Edition- Revised Editor-in-Chief: David Mee-Lee, MD Deputy Editors: Gerald D. Shulman, MA, FACATA; Marc J. Fishman, MD; David R. Gastfriend, MD, Julia Harris Griffith, MA, CPHQ Publication Date: May 5, 2007
Suicidal Behaviors	Suicidal Behaviors	APA Practice Guideline for the Treatment of Patients with Suicidal Behaviors	http://psychiatryonline.org/guidelines.aspx
Section B: Child and Adolescent Guidelines			
ADHD	314.00-314.9	AACAP Practice Parameter for the Assessment and Treatment of Children and Adolescents With Attention Deficit Disorder	http://www.aacap.org/galleries/PracticeParameters/JAACAP_ADHD_2007.pdf

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Anxiety Disorders	293.84, 300.00-303.0, 313.23	AACAP Practice Parameter for the Assessment and Treatment of Children and Adolescents With Anxiety Disorders	http://www.aacap.org/galleries/PracticeParameters/JAACAP_Anxiety_2007.pdf
Atypical Antipsychotic Medication	Atypical Antipsychotic use	AACAP Practice Parameter For The Use Of Atypical Antipsychotic Medications in Children and Adolescents	http://www.aacap.org/galleries/PracticeParameters/Atypical_Antipsychotic_Medications_Web.pdf
Autism	299.00-299.80	AACAP Practice Parameters for the Assessment and Treatment of Children, Adolescents, and Adults With Autism and Other Pervasive Developmental Disorders	http://www.aacap.org/galleries/PracticeParameters/JAACAP_Autism_1999.pdf
Bipolar Disorder	296.00—296.06; 296.40—296.89 301.13, 296.80	AACAP Practice Parameter for the Assessment and Treatment of Children and Adolescents With Bipolar Disorder	http://www.aacap.org/galleries/PracticeParameters/JAACAP_Bipolar_2007.pdf
Conduct Disorder	312.81, 312.82, 312.89	AACAP Practice Parameters for the Assessment and Treatment of Children and Adolescents With Conduct Disorder	http://www.aacap.org/galleries/PracticeParameters/JAACAP%20Conduct%20Disorder%201997.pdf
Depressive Disorders	296.2x, 296.3x	AACAP Practice Parameter for the Assessment and Treatment of Children and Adolescents With Depressive Disorders	http://www.aacap.org/galleries/PracticeParameters/Vol%2046%20Nov%202007.pdf
Electroconvulsive Therapy	Treatment with ECT	AACAP Practice Parameter for Use of Electroconvulsive Therapy With Adolescents	http://www.aacap.org/galleries/PracticeParameters/ECT.pdf
Enuresis	307.6	AACAP Practice Parameter for the Assessment and Treatment of Children and Adolescents With Enuresis	http://www.aacap.org/galleries/PracticeParameters/Enuresis.pdf
Language/Learning Disorders	315.00-315.9, 315.31-315.39, 307.0, 307.9	AACAP Practice Parameter for the Assessment and Treatment of Children and Adolescents With Language and Learning Disorders	http://www.aacap.org/galleries/PracticeParameters/JAACAPLanguageLearning1998.pdf

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Mental Retardation	317, 318.0-318.2, 319	AACAP Practice Parameter for the Assessment and Treatment of Children, Adolescents and Adults With Mental Retardation and Comorbid Mental Disorders	http://www.aacap.org/galleries/PracticeParameters/JAACAP_Mental_Retardation_1999.pdf
Obsessive Compulsive Disorder	300.3	AACAP Practice Parameter for the Assessment and Treatment of Children and Adolescents With Obsessive-Compulsive Disorder	http://www.aacap.org/galleries/PracticeParameters/JAACAP_OCD_Jan_2012.pdf
Oppositional Defiant Disorder	313.81	AACAP Practice Parameter for the Assessment and Treatment of Children and Adolescents With Oppositional Defiant Disorder	http://www.aacap.org/galleries/PracticeParameters/JAACAP_ODD_Jan_2007.pdf
Posttraumatic Stress Disorder	308.3, 309.81	AACAP Practice Parameter for the Assessment and Treatment of Children and Adolescents With Posttraumatic Stress Disorder	http://www.aacap.org/galleries/PracticeParameters/JAACAP_PTSD_2010.pdf
Reactive Attachment Disorder	313.89	AACAP Practice Parameter for the Assessment and Treatment of Children and Adolescents With Reactive Attachment Disorder of Infancy and Early Childhood	http://www.aacap.org/galleries/PracticeParameters/JAACAP%20RAD%202005.pdf
Schizophrenia	295.10, 295.20, 295.30, 295.40, 295.60, 295.70, 295.90, 297.1, 298.8, 297.3, Psychotic Disorder due to a general medical condition, Substance Induced Psychotic Disorder	AACAP Practice Parameter for the Assessment and Treatment of Children and Adolescents With Schizophrenia	http://www.aacap.org/galleries/PracticeParameters/JAACAP%20Schizophrenia%202001.pdf

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Stimulant Medications	Stimulant Medication	AACAP Practice Parameter for the Use of Stimulant Medications in the Treatment of Children, Adolescents, and Adults	http://www.aacap.org/galleries/PracticeParameters/JAACAP%20Stimulant%20meds%202002.pdf
Substance Abuse Disorders	291.0-292.9, 303.00-305.90	AACAP Practice Parameter for the Assessment and Treatment of Children and Adolescents With Substance Use Disorders	http://www.aacap.org/galleries/PracticeParameters/JAACAP%20Substance%20use%202005.pdf
Suicidal Behavior	Suicidal Behavior	AACAP Practice Parameter for the Assessment and Treatment of Children and Adolescents With Suicidal Behavior	http://www.aacap.org/galleries/PracticeParameters/JAACAP%20Suicide%202001.pdf

Section C: I/DD Guidelines (also see relevant sections in Section B: Child and Adolescent Guidelines)

I/DD	I/DD	PBH Practice Guidelines In Working with Individuals Who Have Developmental Disabilities	Tassé, M.J., Havercamp, S.M., & Thompson, C. (2006). Practice Guidelines in Working with Individuals who have Developmental Disabilities. Concord, NC: PBH.
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