

Transitioning from CAP I/DD to NC Innovations



Why are we changing waivers?



- Since 2006, we have had different waivers in different parts of the state
- Piedmont Behavioral Health piloted the Innovations Waiver
- North Carolina legislators made a decision to have one waiver statewide



Goals of Innovation Waiver

- For Participants to:
 - Be fully functioning individuals in their community
 - Have real life outcomes
 - Have opportunities to self-direct services
 - Develop stronger natural support systems



Are your services being reduced?

- No, your services will be cross walked to the new waiver services



What is going away?

- Two-tiered CAP waiver (Comprehensive and Support)



Care Coordination and Community Guide



Care Coordination

Located at CenterPoint

Facilitates and Coordinates the Individual Service Plan meetings

Writes the Individual Service Plan

Monitors individual budget

Monitors service delivery



Community Guide

Located at a Community Guide provider

Helps individuals understand self-direction option

Provides information on hiring and managing support staff for those who self-direct services

Links to community resources

Helps build natural supports

Advocates for the individual



Service Options



- Provider Directed- The way services are provided under CAP Waiver except under Self-Direction
 - Agency With Choice- “Self-Direction”
- *Employer of Record will be an option for self-direction in the future



Services



Services you receive in your home

- In-Home Skill Building (Home and Community Supports)
 - A teaching service that trains skills for daily living
- In-Home Intensive Support
 - For individuals with intense medical and behavioral needs
 - Time limited
 - Requires a fading plan
 - Requires reauthorization every 90 days



Services you receive in your home continued

- **Personal Care**
 - A service to help with eating, bathing, and dressing
- **Respite**
 - A service that provides a break to natural supports from primary care giving
 - It can be provided for up to 10 consecutive days
- **Crisis Services**
 - A tiered approach (primary response, behavioral consultation, and out of home) for when crisis situations occur that threaten persons health and safety or others' health and safety
 - It's an alternative to institutionalization or psychiatric hospitalization



Service you receive if you live in an out-of-home setting

- **Residential Supports**

- A service that is provided in a group home or alternative family living setting
- Provides services which teach self-help skills, meal preparation, and offers assistance and support



Services you receive in the community

- Community Networking (Home and Community Supports)
 - Similar to community component of Home and Community Supports
 - Intended for people to develop new relationships and develop community connections
- Community Transition
 - Help individuals moving from institutional life or licensed living arrangements to community life
 - Provided only once
 - The lifetime limit on this provision is \$5,000.00
- Day Supports
 - Services provided that teach self-help, socialization, adaptive skills, and pre-vocational skills



Services you receive in the community continued

- **Supported Employment**

- Provide assistance with finding, choosing and keeping a job
- Individuals who receive Long-Term Vocational Services will receive Supported Employment under the Innovations Waiver



Services to get equipment

- Assistive Technology Equipment and Supplies Includes six areas:
(Specialized Equipment and Supplies)
 - Aids for daily living - clothing protectors, nutritional supplements
 - Gross Motor Development - adaptive tricycles
 - Environmental Control - computerized access to lights and switches
 - Positioning Systems - stander
 - Alert Systems – Personal Emergency Response systems
 - Repair of equipment
- Individual Goods and Services
 - Services, equipment, or supplies that are not provided through waiver or regular Medicaid (DME items are excluded)
 - Only available to those who self-direct (Agency with Choice) their services



Services to get equipment and modifications

continued

- **Home Modifications**

- Physical modifications to a private residence (owned or rented) that make it more accessible and increase independence
- Examples are roll-in showers, ramps, grab bars, shatterproof windows

*Only portable home modifications can be completed in residences that are rented

- **Vehicle Modifications**

- Provides modifications to increase safety and independence for transportation in and around the community
- Must have insurance to sufficiently cover the cost of the adaptive equipment



Services that help a person understand their disability

- Natural Supports Education (Individual Care Giver Training and Education)
 - Provides training to families and natural supports
 - Provide education on the use of Assistive Technology and Supplies
 - Limit of \$1,000.00 per year for conferences
- Specialized Consultation Services (Specialized Consultative Services)
 - Family members and paid/unpaid caregivers are trained by licensed professionals
 - Includes tele-consultation when there is distance between the professional and the family/staff



Limits On Sets of Services



Participant/Age/Status	Living in Residential Setting, including AFL	Living in Private Home
Child during school year (Ages 0 to 17 unless 18 and older and enrolled in school)t	No more than 20 hours per week any combination: · Community Networking · Day Supports <i>and/or</i> · Supported Employment Services May receive up to one daily unit of Residential Supports	No more than 54 hours/week any combination: · Community Networking · Day Supports · Supported Employment · In-Home Skill Building <i>and/or</i> · Personal Care
Child when school is not in session (Ages 0 to 17 unless 18 and older and enrolled in school)	No more than 40 hours per week of any combination: · Community Networking · Day Supports <i>and/or</i> · Employment Services May receive up to one daily unit of Residential Supports	No more than 84 hours/week of any combination: · Community Networking · Day Supports · Supported Employment · In-Home Skill Building <i>and/or</i> · Personal Care



Participant/Age/Status	Living in Residential Setting, including AFL	Living in Private Home
Adult	No more than 40 hours per week any combination: · Community Networking · Day Supports <i>and/or</i> · Supported Employment Services May receive up to one daily unit of Residential Supports	No more than 84 hours/week any combination: · Community Networking · Day Supports · Supported Employment · In-Home Skill Building <i>and/or</i> · Personal Care



How to Contact Us

- For questions from providers, contact Pam Sword-Halsey, Network Development Specialist - I/DD psword-halsey@cphs.org, (336) 714-9124
- For questions from consumers, contact Jeff Payne, I/DD Clinical Director, jpayne@cphs.org, (336) 714-9171
- For questions about training, contact Bibba Dobyns, Network Development Manager, bdobyns@cphs.org, (336) 714-9180



Questions?

